



PRODUCT INFORMATION				
Product Name	Product Code	Product Weight	Product Barcode	Product Description
Chicken Breast Schnitzel	100102	250g	19330752003997	Juicy Chicken Breast Fillet sliced and butterflied, coated in natural breadcrumb and snap frozen.



NUTRITION INFORMATION		
Servings Per Pack:	30	
Serving Size:	250g	
	Average Quantity Per Serve	Average Quantity Per 100g
Energy	1490kJ	600kJ
Protein	43g	17.2g
Fat, total	3.9g	1.6g
- saturated	1.1g	0.4g
Carbohydrate	35.1g	14g
- sugars	1.2g	0.5g
Sodium	802mg	321mg

INGREDIENT INFORMATION
<p><b>INGREDIENTS</b>            Chicken Breast (64%), Breadcrumbs [Wheat Flour, Water, Salt, Yeast, Sugar, Canola Oil, Olive Oil], Batter [Water, Wheat Flour, Salt, Sugar, Vegetable Gum (412), Dehydrated Vegetables, Rice Bran Oil, Herb, Spice (Turmeric), Hydrolysed Vegetable Protein ((Vegetable Protein Extract (Wheat), Maltodextrin (Corn), Vegetable Oil (Rice Bran))], Dusting Flour (Contains Wheat).</p> <p><b>ALLERGENS</b>            Contains Gluten (Wheat). May Contain: Milk &amp; Soy.</p>
COOKING INSTRUCTIONS
<p><b>Deep Fry - From Frozen</b>            Preheat oil to 180°C and deep fry for 4 – 5 minutes or until crumb is golden brown in colour.</p> <p><b>Hot Plate or Pan - From Thawed</b>            Place onto a lightly oiled hot plate or pan and cook for 13 - 16 minutes on a medium-high heat turning frequently.</p> <p>Please Note: This is a guide only as appliance temperatures can vary. You may need to adjust cooking times accordingly.            Product must be fully cooked prior to consumption.            Product core temperature must reach 74°C.</p>

PACKAGING INFORMATION	
Packaging	Cardboard Carton
Packing Quantity	30 x 250g
Carton Weight	7.5kg

LABELLING, STORAGE & SHELF LIFE INFORMATION	
Batch Coding	Best Before Date
Storage	Keep Frozen at or below -15°C
Shelf Life Frozen	12 Months
Shelf Life Thawed	3 Days Keep refrigerated at less than 4°C

