



PRODUCT INFORMATION				
Product Name	Product Code	Product Weight	Product Barcode	Product Description
Chicken Schnitzel XL	100145	280g	19330752001283	Extra Large succulent heart shaped chicken meat coated in crispy breadcrumb.



NUTRITION INFORMATION		
Servings Per Pack:	30	
Serving Size:	280g	
	Average Quantity Per Serve	Average Quantity Per 100g
Energy	1710kJ	610kJ
Protein	37.5g	13.4g
Fat, total	4.5g	1.6g
- saturated	1.1g	0.4g
Carbohydrate	51.5g	18.4g
- sugars	2.5g	0.9g
Sodium	1252mg	447mg

INGREDIENT INFORMATION
<p>INGREDIENTS Chicken Portion (53%) [Chicken Breast (81%), Water, Maltodextrin, Collagen Protein, Cellulose Fibre, Vegetable Gum (401), Mineral Salts (516, 450, 451)], Breadcrumbs [Wheat Flour, Yeast, Salt, Sugar, Canola Oil, Olive Oil], Batter [Water, Wheat Flour, Salt, Sugar, Vegetable Gum (412), Dehydrated Vegetables, Rice Bran Oil, Herb, Colour (100), Hydrolysed Vegetable Protein (Contains Wheat)], Dusting Flour (Wheat).</p> <p>ALLERGENS Contains Gluten (Wheat). May Contain: Milk & Soy.</p>

PACKAGING INFORMATION	
Packaging	Cardboard Carton
Packing Quantity	30 x 280g
Carton Weight	8.4kg

LABELLING, STORAGE & SHELF LIFE INFORMATION	
Batch Coding	Best Before Date
Storage	Keep Frozen at or below -15°C
Shelf Life Frozen	12 Months
Shelf Life Thawed	5 Days Keep refrigerated at less than 4°C

COOKING INSTRUCTIONS
<p>Pan Fry - From Frozen Preheat lightly oiled pan on medium heat. Cook for 15 - 17 minutes, turning frequently.</p> <p>Deep Fry - From Thawed Preheat oil to 180°C and deep fry for 6 – 7 minutes or until crumb is golden brown in colour.</p> <p>Please Note: This is a guide only as appliance temperatures can vary. You may need to adjust cooking times accordingly. Product must be fully cooked prior to consumption. Product core temperature must reach 74°C.</p>

