

PRODUCT INFORMATION						
Product Name	Product Code	Product Weight	Product Barcode	Product Description		
Chicken Nuggets	100110	25g	19330752001818	Tender chicken meat formed into nugget shape, coated in crunchy breadcrumb, flash fried and snap frozen.		



NUTRITION INFORMATION					
Servings Per Pack:	10				
Serving Size:	100g (4 pieces)				
	Average Quantity Per Serve	Average Quantity Per 100g			
Energy	910kJ	910kJ			
Protein	12.7g	12.7g			
Fat, total	8.1g	8.1g			
- saturated	1.5g	1.5g			
Carbohydrate	23.0g	23.0g			
- sugars	0.5g	0.5g			
Sodium	413mg	413mg			

INGREDIENT INFORMATION

INGREDIENTS

Chicken Portion (52%) [Chicken (46%), Water, Thickener (1442), Salt, Rice Flour, Mineral Salts (451, 508, 450), Sugar, Canola Oil, Hydrolysed Vegetable Protein (Maize), Vegetable Powder, Herb Extract, Spice Extracts], Breadcrumbs [Wheat Flour, Yeast, Salt, Sugar, Canola oil, Olive Oil, Colours (100, 160c)], Batter [Water, Wheat Flour, Thickener (1404), Salt, Spices [Paprika, Celery, Pepper, Turmeric], Vegetable Gum (412), Yeast Extract], Canola Oil.

ALLERGENS

Contains Gluten (Wheat). May Contain: Milk, Soy & Egg.

COOKING INSTRUCTIONS

Deep Fry - From Frozen

Preheat oil to 180°C and deep fry for 3-4 minutes.

Oven - From Frozen

Pre-heat oven to 200°C.

Cook for 12-15 minutes, turning once until golden brown.

Please Note: This is a guide only as appliance temperatures can vary. You may need to adjust cooking times accordingly. Product must be fully cooked prior to consumption. Product core temperature must reach 74°C.

PACKAGING INFORMATION				
Packaging	Cardboard Carton			
Packing Quantity	1kg x 5			
Carton Weight	5kg			

LABELLING, STORAGE & SHELF LIFE INFORMATION				
Batch Coding	Best Before Date			
Storage	Keep Frozen at or below -15°C			
Shelf Life Frozen	12 Months			
Shelf Life Thawed	5 Days Keep refrigerated at less than 4°C			

