



PRODUCT INFORMATION				
Product Name	Product Code	Product Weight	Product Barcode	Product Description
Chicken Lemon Pepper Souvlaki	100142	130g	19330752000200	Succulent Chicken Maryland skewered onto a bamboo stick and coated in a zesty lemon pepper-seasoning.



NUTRITION INFORMATION		
Servings Per Pack:	48	
Serving Size:	130g	
	Average Quantity Per Serve	Average Quantity Per 100g
Energy	1060kJ	820kJ
Protein	20.9g	16.1g
Fat, total	15.7g	12.1g
- saturated	5.0g	3.9g
Carbohydrate	7.3g	5.6g
- sugars	0.3g	0.2g
Sodium	624mg	480mg

INGREDIENT INFORMATION
<p><b>INGREDIENTS</b> Chicken (91%), Rice Flour, Wheat Flour, Salt, Flavour Enhancers (621, 635), Sugar, Breadcrumbs [Wheat Flour, Water, Yeast, Salt], Food Acid (330), Spices, Dehydrated Vegetables, Rice Bran Oil.</p> <p><b>ALLERGENS</b> Contains Gluten (Wheat).</p>

COOKING INSTRUCTIONS
<p><b>Pan Fry/Grill - From Thawed</b></p> <ol style="list-style-type: none"> <li>1. Preheat lightly oiled pan on medium heat.</li> <li>2. Add chicken skewers and cook for 12-14 minutes on medium heat turning frequently.</li> </ol> <p>Please Note: This is a guide only as appliance temperatures can vary. You may need to adjust cooking times accordingly.</p> <p>Product must be fully cooked prior to consumption. Product core temperature must reach 74°C.</p>

PACKAGING INFORMATION	
Packaging	Cardboard Carton
Packing Quantity	48 x 130g
Carton Weight	6kg

LABELLING, STORAGE & SHELF LIFE INFORMATION	
Batch Coding	Best Before Date
Storage	Keep Frozen at or below -15°C
Shelf Life Frozen	12 Months
Shelf Life Thawed	3 Days Keep refrigerated at less than 4°C

